

WEEKLY Cleaning CHECKLIST



Monday (Bedrooms)

- ☐ Tidy
- ☐ Quick dusting of all surfaces
- ☐ Vacuum
- ☐ Wash and change sheets
- ☐ _____
- ☐ _____
- ☐ _____

Tuesday (Bathroom)

- ☐ Wipe down all counter tops
- ☐ Clean the medicine cabinet
- ☐ Scrub toilet
- ☐ Clean the shower/bath
- ☐ Wipe mirrors
- ☐ Quick dusting
- ☐ Sweep/ Mop Floors

Wednesday (Kitchen)

- ☐ Wipe all counters
- ☐ Wipe small appliances
- ☐ Clean the refrigerator
- ☐ Wipe light switches & doorknobs
- ☐ Clean microwave inside and out
- ☐ Quick dusting
- ☐ Sweep/ mop floors

Thursday (Livingroom)

- ☐ Vacuum the carpet
- ☐ Dust furniture (quick)
- ☐ Wipe down TV remote controls
- ☐ Wipe down light switches
- ☐ _____
- ☐ _____
- ☐ _____

A clean home is a happy home